

# ACCEPTABLE COMBINATIONS OF DIABETES MEDICATIONS

(Updated 01/27/2021)

The chart on the following page outlines acceptable combinations of medications for treatment of diabetes.

Please note:

- Initial certification of all applicants with diabetes mellitus (DM) requires FAA decision;
- **Use no more than one medication from each group (A-F);**
- Fixed-dose combination medications - **count each component** as an individual medication. (e.g., Avandamet [rosiglitazone + metformin] is considered 2-drug components);
- **Up to 3 medications total** are considered acceptable for routine treatment according to generally accepted standards of care for diabetes (American Diabetes Association, American Association of Clinical Endocrinologists);
- For applicants receiving complex care (e.g., 4-drug therapy), refer the case to AMCD;
- For applicants on AASI for diabetes mellitus, follow the [AASI](#);
- Consult with FAA for any medications not on listed on the chart;
- Observation times:

When initiating NEW diabetes therapy using monotherapy or combination medications:

| Adding Medication | Observation Time |
|-------------------|------------------|
| Group A ONLY      | 14 days          |
| Group B-D         | 30 days          |
| Group E1          | 60 days          |

When ADDING a new medication to an ESTABLISHED TREATMENT regimen:

| Current Medication | Adding Medication | Observation Time |
|--------------------|-------------------|------------------|
| on Group A-D       | + new Group A-D   | 14 days          |
| on Group E1        | + new Group A-D   | 30 days          |
| on Group A-D       | + new Group E1    | 60 days          |

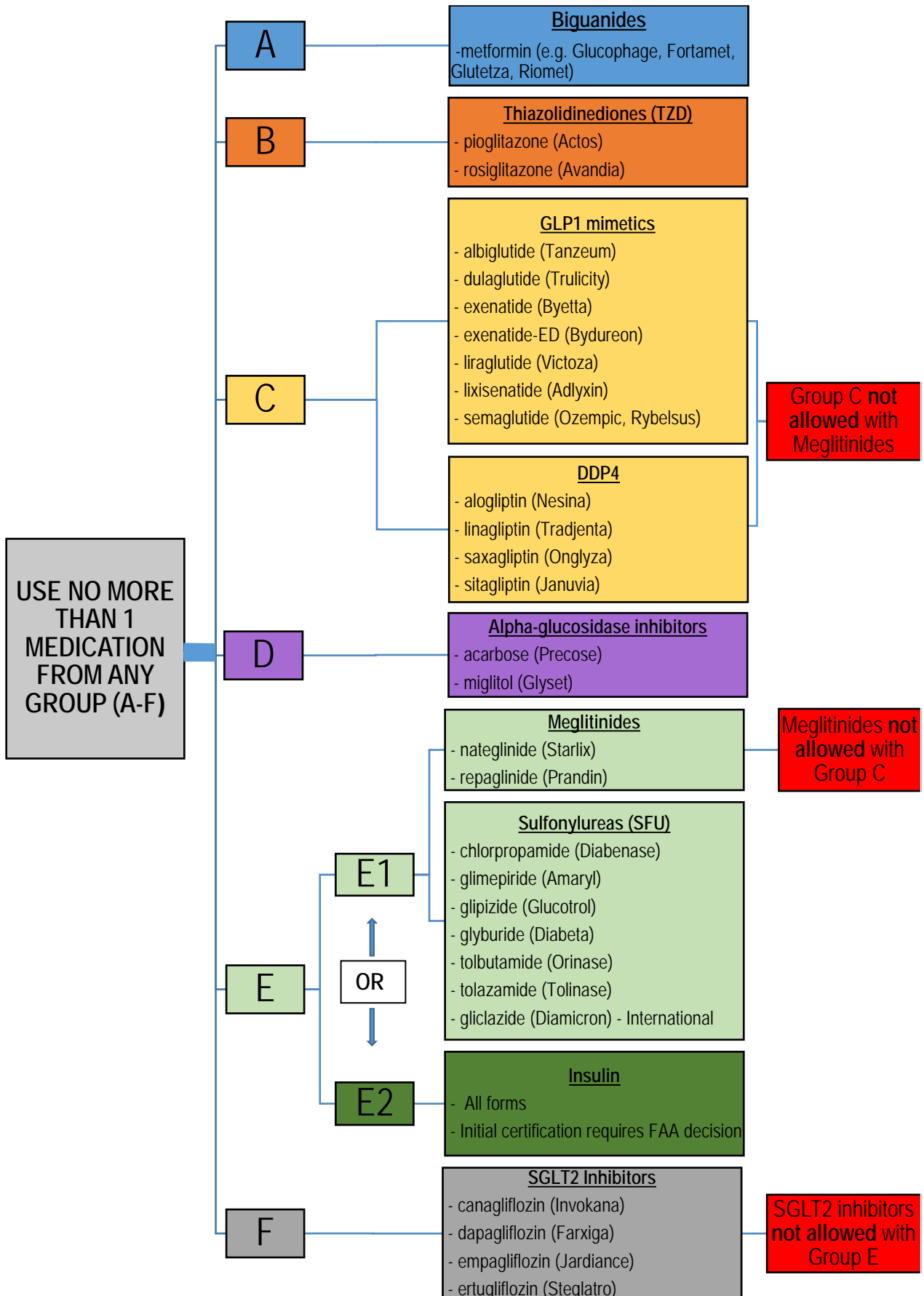
Note: If transitioning between injectable GLP-1 RA and oral GLP-1 RA formulation = 72 hours

When initiating NEW or ADDING therapy for any regimen (new or established therapy):

| Adding Medication   | Observation Time               |
|---|--------------------------------|
| Group F (SGLT2 inhibitors)  | 90 days                        |
| Group E2 (insulin):   |                                |
| <ul style="list-style-type: none"> <li>• For agency ATCSs (non-CGM or CGM protocol)</li> <li>• For Pilots / Part 67 applicants, class 3 non-CGM protocol only:</li> <li>• For Pilots / Part 67 applicants, any class CGM protocol:</li> </ul> | 90 days<br>90 days<br>180 days |

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Note: Amylinomimetics (e.g., pramlintide (Symlin) are NOT considered acceptable for medical certification.